

Debra Sparks Dance Works Health and Safety Guidelines

Being that the health and safety of our dancers is the number one priority of the Debra Sparks Dance Works, the following guidelines have been recommended by the CDC, as well as Governor Wolf and were tailored to our studio needs. These will be implemented into our studio for the 2021-2022 school year.



What WE Will Do

- **Signs and Messages**
 - We will post [signs](#) (provided by the CDC) that [promote everyday protective measures](#) and describe how to [stop the spread](#) of germs such as by [properly washing hands](#) and [properly wearing a cloth face covering if desired](#)
 - CDC print and digital resources on [CDC's communications resources](#) will be posted throughout the studio and will be available on our website



- **Pre-Screening**

All dancers will be required to pre-screen their symptoms before coming to class. **If a dancer shows any sign of illness, in general, will be asked to leave and come back when they are 100% symptom free.**

- **Cleaning and Disinfection**

- DSDW will clean and disinfect before and after EVERY class. A professional cleaning service will thoroughly deep clean the studio weekly.
- Proper handwashing for at least 20 seconds will be taught and reinforced. All students will be required to sanitize their hands upon entering the building.
- We will have hand sanitizer readily available throughout the studio containing at least 60% alcohol.
- We will encourage staff and dancers to cover coughs and sneezes with a tissue, and then immediately wash hands or sanitize afterwards.
- All barres and surfaces will be disinfected before and after use.
- Floors will be cleaned/disinfected each day and as often as possible throughout the day.

- **Ventilation**

- Windows and doors will be open as long as weather permits and all studio fans will be running.
- Air purifiers with HEPA-type filters and UV light will be operating and on the whole time in the studio to reduce allergens, pollution, smoke and odors, while the UV light helps reduce airborne germs and bacteria.

- **Social Distancing**

- Dancers will be encouraged to spread apart at all times when dancing and at the barres. Dancers will dance in small groups when possible in the center to limit close contact.

- **Staff Training and Pre-screening**

- Staff will be thoroughly trained on all safety protocols and will enforce them as such when teaching.
- Staff will be required to pre-screen, by taking their temperature each day and making sure they are symptom free, as well as monitoring their contacts and possible exposure to anyone with COVID-19. Staff will be required to report and stay home, just as our dancers are.



What YOU Can Do

COVID-19 is mostly spread by respiratory droplets released when people talk, cough, or sneeze. It is thought that the virus may spread to hands from a contaminated surface and then to the nose or mouth, causing infection. Therefore, personal prevention practices such as handwashing, staying home when sick, and covering mouth and nose when you cough/sneeze must be discussed with your dancer before arriving at camp. We will touch upon this as well with dancers, however, we want to make sure it is not the first time they are hearing this.

When to Stay Home

Dancers should stay home from class if they are sick, show symptoms or have recently had a [close contact](#) with a person with COVID-19. They will be able to participate in their class virtually if this is the case. **If a dancer shows any sign of illness, in general, will be asked to leave and come back when they are 100% symptom free.**

- Please see this link for COVID-19 [symptoms](#) to look for
 - <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- CDC's criteria can help inform when campers are able to participate in camp
 - [If they have been sick with COVID-19](#)
 - [If they have recently had a close contact with a person with COVID-19](#)
 - If any of the above are the case or even may be the case, DSDW Office Staff must be notified immediately.

Dancer Hygiene

Hand Hygiene and Respiratory Etiquette

- Teach and reinforce [handwashing](#) with soap and water for at least 20 seconds and increase monitoring. DSDW will have signs in all bathrooms as a reminder and hand sanitizer throughout the studio as well
- Dancers and families will sanitize **before** entering the studio



- **Cloth Face Coverings**

- DSDW follows the PA Department of Health and Education in regards to face masks. At this time, face masks are not mandated in PA schools so we have an optional mask policy. However, if anything changes we of course will follow all recommendations from the state and CDC. For more information on mask policies, please use the following link:
<https://www.education.pa.gov/Schools/safeschools/emergencyplanning/COVID-19/Waivers/MaskWearing/Pages/default.aspx>
- We understand that it can be challenging to find masks that are easy to dance in or do any sort of physical activity in. Well look no further, we will be selling masks made by BLOCH at the studio. These masks were made for dancers by a dancewear manufacturer. They will be available for purchase from the studio for \$15 each. They come in black, child and adult sizes, and they have a lanyard attached to help keep the masks in place.

- **Pick Up/Drop Off**

- We ask that parents wait outside the studio for pick up and drop off to limit the amount of traffic in and out.

Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

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