

# DSDW SCHEDULE 2021-2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>9:30-12:30</b> <b>8-Point Learning Program</b> (Ages 3-5)</p> <hr/> <p><b>12:45-1:30</b> <b>Tutus and Tap Shoes!</b> Melissa (Ages 3-6)</p>	<p><b>11:00-11:45</b> <b>Broadway Bound</b> (Ages 3-5) Melissa</p> <hr/> <p><b>12:30-1:15</b> <b>Adult Tap</b> Jenny</p>	<p><b>9:30-12:30</b> <b>8-Point Learning Program</b> (Ages 3-5)</p> <hr/> <p><b>12:45-1:30</b> <b>Acrobatics</b> Melissa (Ages 3-5)</p>	<p><b>11:30-12:15</b> <b>Creative Movement</b> (Ages 2-4) Melissa</p>	<p><b>9:30-12:30</b> <b>8-Point Learning Program</b> (Ages 3-5)</p> <hr/> <p><b>12:45-1:30</b> <b>Acrobatics</b> Ragan (Ages 3-5)</p>	<p><b>9:00-9:45</b> <b>Sugar Plum Ballet</b> Eva (Ages 2-4)</p>	<p><b>9:00-9:45</b> <b>Parent and Me ABC</b> Renee (Ages 1-3)</p> <hr/> <p><b>9:15-10:00</b> <b>Tap 1</b> Melissa (Ages 5-8)</p>
<p><b>4:00-4:45</b> <b>Broadway Bound</b> Julia (Ages 3-6)</p> <hr/> <p><b>4:45-5:30</b> <b>Jazz 2</b> Julia (Ages 9-13)</p> <hr/> <p><b>4:45-5:30</b> <b>Team Duo/Trios</b> Paige <i>*Invitation Only</i></p>	<p><b>4:00-5:15</b> <b>Ballet/Jazz E</b> Deb/Tam (Ages 11-15)</p> <hr/> <p><b>4:00-4:45</b> <b>Disney Dance</b> Melissa (Ages 3-6)</p>	<p><b>4:00-4:45</b> <b>Tap n' Twirl</b> Emily (Ages 3- 5 )</p> <hr/> <p><b>4:15-5:30</b> <b>Ballet/Jazz C</b> Melissa (Ages 8 - 11)</p> <hr/> <p><b>4:45-5:30</b> <b>Tik Tok Hip Hop</b> Emily (Ages 7-12)</p>	<p><b>4:15-5:30</b> <b>Ballet/Jazz D</b> Deb/Tam (Ages 10-13)</p> <hr/> <p><b>4:15 - 5:30</b> <b>Ballet/Jazz B</b> Melissa (Ages 6-8)</p>	<p><b>3:15-4:00</b> <b>Parent and Me Dance and Sing-a-long</b> Emily</p>	<p><b>9:45-10:45</b> <b>Ballet/Jazz A</b> Eva (Ages 4-7)</p> <hr/> <p><b>10:00-10:45</b> <b>Teeny Bopper Acro</b> (Ages 3-6)</p> <hr/> <p><b>10:45-11:30</b> <b>Mini Team</b> Debra</p>	<p><b>9:45-10:30</b> <b>Princess Ballet</b> Renee (Ages 2-4)</p> <hr/> <p><b>10:00-10:45</b> <b>Lyrical 1</b> Melissa (Ages 5-8)</p>
<p><b>5:30-6:15</b> <b>Junior Team Piece</b> Paige</p> <hr/> <p><b>5:30-6:15</b> <b>Contemporary 1</b> Julia (Ages 5-8)</p>	<p><b>5:15 - 6:00</b> <b>Tap 4</b> Deb/Tam (Ages 13 &amp; up)</p> <hr/> <p><b>5:15 - 6:15</b> <b>Voice and Acting for Dancers</b> Ragan</p>	<p><b>5:30-6:15</b> <b>Acro 2</b> Emily (Ages 8-11)</p> <hr/> <p><b>5:30-6:15</b> <b>Junior Team Small Group Piece</b> Jenn</p>	<p><b>5:30-6:15</b> <b>Advanced Pointe</b> Deb/Tam</p> <hr/> <p><b>5:30 - 6:15</b> <b>Mini Team Jump/ Turn</b> Tamara</p>	<p><b>4:00-5:00</b> <b>Beginner Acro</b> Emily (Ages 4-7)</p>	<p><b>11:30-12:15</b> <b>Master Ballet</b> Deb/Tuiana/Jenny (Ages 8 &amp; up) <i>2 Separate classes</i></p>	<p><b>10:45-11:30</b> <b>Princess Ballet Renee</b> (Ages 3-5)</p> <hr/> <p><b>10:45-11:30</b> <b>Ballet Workshop A</b> Deb/Tam (Ages 6- 9)</p>
<p><b>6:15-7:00</b> <b>Kids Hip Hop</b> Julia (Ages 6-11)</p> <hr/> <p><b>6:15-7:00</b> <b>Modern 2</b> Paige (Ages 9-12)</p>	<p><b>6:00-7:15</b> <b>Ballet/Jazz F</b> Deb/Tam (13 &amp; up)</p> <hr/> <p><b>6:15-7:00</b> <b>Broadway Tap/Jazz 1</b> Ragan (Ages 5-8)</p>	<p><b>6:15-7:00</b> <b>Rhythm Tap</b> Jenn</p> <hr/> <p><b>6:15-7:00</b> <b>Acro 3</b> Emily (Ages 12 &amp; up)</p>	<p><b>6:15-7:00</b> <b>Contemp. Ballet 2</b> Jenny (Ages 8-12)</p> <hr/> <p><b>6:15-7:00</b> <b>Lyrical 2</b> Tamara (Ages 9-12)</p>	<p><b>5:00-5:45</b> <b>Diva Popstars</b> Emily (Ages 5-8)</p>	<p><b>12:15-1:00</b> <b>Ballet Workshop C</b> Deb/Tuiana/Jenny (Ages 13 &amp; up)</p>	<p><b>11:30-12:15</b> <b>Tap 2</b> Melissa (Ages 7-10)</p> <hr/> <p><b>Ballet Workshop B</b> Deb/Tam (Ages 9-12)</p>
<p><b>7:00-7:45</b> <b>Junior Jump and Turn</b> Julia</p> <hr/> <p><b>7:00-7:45</b> <b>Senior Small Group</b> Paige (Ages 13 &amp; up)</p>	<p><b>7:15- 8:00</b> <b>Senior Team</b> Deb/Tam <i>By Invitation</i></p> <hr/> <p><b>7:15-8:00</b> <b>Adult Ballet</b> Jenny</p>	<p><b>7:00-7:45</b> <b>Lyrical Jazz 3</b> Emily (Ages 11-16)</p> <hr/> <p>7:00-8:00 <b>Contemporary 3</b> Jenn (13 &amp; up)</p>	<p><b>7:00-7:45</b> <b>Lyrical 3</b> Tamara</p> <hr/> <p><b>7:00-7:45</b> <b>Beginner Musical Theatre</b> Eva (Ages 7-12)</p>	<p><b>5:45-6:30</b> <b>Hip Hop 1</b> Emily (Ages 5 - 8)</p>	<p><b>1:00-2:30</b> <b>Advanced Team Piece</b> Julia</p> <p><i>*Every other week*</i></p>	<p><b>12:15-1:15</b> <b>Ballet/Tap/Jazz 1</b> Melissa (Ages 4-6)</p> <hr/> <p><b>12:15-1:00</b> <b>Tap 3</b> Deb/Tam (Ages 10-12)</p>
<p><b>7:45- 8:30</b> <b>Modern 3</b> Paige (Ages 13 &amp; up)</p> <hr/> <p><b>7:45-8:45</b> <b>Vinyasa Yoga</b></p>	<p><b>8:00-8:45</b> <b>Adult Tap</b> Jenny</p>	<p><b>7:45-8:30</b> <b>Hip Hop 3</b> Emily (Ages 12 &amp; up)</p> <hr/> <p><b>8:00-9:00</b> <b>Senior Team Piece</b> Jenn</p>	<p><b>7:45-8:30</b> <b>Senior Jump/Turn</b> Tamara</p> <hr/> <p><b>8:30 - 9:15</b> <b>Jazz 3</b> Tamara (ages 14 and up)</p>	<p><b>6:30-7:15</b> <b>Hip Hop 2</b> Emily (Ages 8 - 12)</p> <hr/> <p><b>7:15-8:00</b> <b>Lyrical/Jazz 2</b> Emily (Ages 8 - 12)</p>	<p><b>2:30-4:00</b> <b>Int/Advanced Musical Theatre</b> Julia</p> <p><i>*every other week*</i></p>	<p><b>1:00-1:45</b> <b>JR Team</b> Deb/Tam <i>By Invitation</i></p> <hr/> <p><b>1:45-2:30</b> <b>Beginner/Intermediate Pointe</b> Melissa</p>

\* Class times subject to change

- Ages listed are recommendations only.
- Level 1 (Ages 5-8)
- Level 2 (Ages 9-12)
- Level 3 (Ages 13 & up)

## Class Descriptions:

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**8-Point Learning Program-** The 8-Point Learning Program will provide a perfect combination of learning and fun where both boys and girls are encouraged to celebrate their uniqueness and their endless possibilities of success in both academics and the arts while building self esteem and confidence. Preschool students will study the 8 Points: **Literacy, Mathematics, Science, Technology, Socialization, Fine/Gross Motor Development, Culture, and Creative Expression!** Email for more information!. Space is very limited.

**Acro** – Elements of tumbling, flexibility training, balance control, and core strengthening with gymnastic and dance technique.

**Adult Ballet** – Classical ballet technique at a beginner level for teens and adults, and also a great workout!

**Adult Tap** – Tap technique at a beginner level for teens and adults.

**Ballet/Jazz** – Classical ballet technique at varying levels in combination with Broadway style jazz movements.

**Ballet/Tap** – A combination class for young dancers wanting training in both ballet and tap. Proper ballet technique is emphasized in a fun and positive atmosphere while encouraging all to reach their fullest potential. Tap then adds the element of rhythm! The use of props and costumes promote creativity and self expression!

**Ballet/Acro** – a fun and upbeat introduction class for our youngest dancers! Incorporates fundamentals of ballet technique as well as tumbling/gymnastics skills for those who want a little bit of both in their life! Lots of props and creative exploration will be happening in this new, fun class!

**Broadway Bound/ Tap n' Twirl** – A fun and exciting class for young dancers! Featuring ballet, tap, and more for those bound for Broadway!

**Classical Ballet Workshop** – Ballet technique at varying levels, utilizing Vaganova and Balanchine techniques.

**Contemporary Ballet-** Classical ballet technique with a contemporary twist. Class will use modern music for performance and class.

**Diva Popstars-** Fun jazz movements to today's hits! Release your inner superstar!!

**Jazz** – Varying levels of classical jazz movements and technique with emphasis on jumps, turns and choreography.

**Contemporary**– Traditional modern dance training in the styles of Horton and Graham Technique. *Contemporary dance* is a style of expressive *dance* that combines elements of several *dance* genres. *Contemporary technique* strives to connect the

mind and the body through fluid *dance* movements, level/direction changes, release work, and improvisational characteristics.

**Creative Movement** – A class for our youngest dancers! The emphasis is on developing a sense of larger motor skills through movement! The atmosphere is fun, nurturing, encouraging and positive with lots of giggles! Lots of props are used to provide a fun exploratory class without any pressure. Creative dance games are included as well as learning the foundational steps and concepts of dance.

**Disney Dance** – A fun and energetic combination class for young dancers featuring both ballet and jazz technique set to Disney music and themes! Your dancers will learn proper ballet technique and terminology in a positive and encouraging environment, while also learning self-expression through jazz.

**Lyrical Jazz** – A fun blend of lyrical and jazz movements to allow for creative and exciting dancing!

**Musical Theater** – Musical theater class, combining singing, dancing, and acting. Learn Broadway repertory right here at DSDW!

**Hip Hop** – Varying levels of street, funk dance, breaking, popping, and electric boogie. Hip-Hop dance is an urban style of dance that is always evolving with many different styles. High energy, upbeat, focusing on musicality and rhythm.

**Jazz Funk** – Varying levels of jazz technique, incorporating funk movements.

**Jump/Turn** – A class that focuses on various jump and turn combinations which are integrated into all dance styles such as ballet, jazz, and contemporary.

**Lyrical** – Varying levels of classical dance movement interpreting lyrics and feelings of a song.

**Master Ballet Technique** – Ongoing classes in ballet that focus on technique that enhances muscle memory.

**Modern-** Modern Dance technique taught by Miss Paige from Philadelphia's Modern Dance company; Koresh!

**Parent and Me, ABC!/Parent and Me Sing-A-Long!** – young dancers ages 18 to 24 months. Bond with your child and immerse them in learning through music, movement, and sensory play!

**Pointe**– Varying levels of classical ballet technique wearing pointe shoes, along with the study of classical ballet variations from famous ballets. Must be invited into these classes – as per Miss Debra. Pre-Pointe is offered to those who are not yet wearing pointe shoes to further develop and strengthen the muscles necessary to go en pointe.

**Princess Ballet/Sugar Plum Ballet** – Beginner ballet technique with a “Princess Theme” each week. This class, for our youngest dancers, encourages beginning steps in ballet, jazz and creative movement. Princess themes keep all intrigued and motivated! You might even see a visit by a real princess! Props (tutus, tiaras, wands, etc.) are used to encourage attentiveness. Praise is abundant and our littlest dancers finish with great pride in their numerous accomplishments!

**Private Lessons** – One-on-one training is available in all styles of dance.

**Rhythm Tap Int./Adv.** – Various tap styles and techniques combining modern tap with funk movement. Clear focus on rhythm, clear tap sounds, strength, and speed to develop strong tap dancers.

**Tap** – Traditional tap styles with a heavy Broadway influence.

**Team Workshop Mini/Jr./Sr.** – Individualized workshop classes in all forms of dance for the competition teams. Invitational only.

**Tik Tok Hip Hop**- A hip hop class with tik tok inspired songs and choreography!

**Team Workshop Mini/Jr./Sr.** – Individualized workshop classes in all forms of dance for the competition teams. Invitational only.

**Voice and Acting**- Learn how to be a triple threat! Dance, sing and act to Broadway classics and shine like a star!

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### **Non-Recital Classes**

*Classes that will work on technique all year, not focused on a final performance*

**Jump/Turn**

**Master Ballet**